



West Michigan
Tae Park Tournament Team

About

- The tournament team practices on Sundays from 12:30 - 2:30
- Development of skill and expertise in Olympic-style sparring
- Prepare for Demonstrations for events and our annual tournament.
- High level conditioning training that will put you to the test!



Team Roster

Name	Rank	Instructor
Micha Gaston	Red	Ramos
Ben Jackson	1st Dan	Williams
Ransom Rathbun	1st Dan	Ramos
Josiah Karneham	2nd Dan	Guastella
Elizabeth Repp	2nd Dan	Good
Alexander Repp	2nd Dan	Good
Tori Koorndyk	3rd Dan	Good
Andy Mueller (Asst. Coach)	2nd Dan	Lofquist
Dan Duba (Head Coach)	3rd Dan	Good

Training Facility

West Michigan Pursuit Wrestling Club
72 South 2nd Street
Cedar Springs, MI 49319

- Matted flooring
- Kicking bags
- Other various training equipment e.g., box jumps, ladders, pull up bar, ropes



Qualifications

We are looking for 3-5 new team members to replace several that have moved on to college.

- Approval to attend a trial practice from your Master instructor
- Understand it is a priority to continue attending traditional TKD class. (NOTE: Not attending traditional class may result in loss of privilege to attend tournament team).
- Agree to commit to the team for a minimum of one year.
- Attend all scheduled practices unless previously cleared by the team coach and/or captain.
- Agree to the annual \$200 team membership fee for the 21/22 season running October - May (June - Sept optional summer practice) . Membership fees are reinvested in the development of the team, rental fees, equipment, etc.
- Agree to represent Grand Master Tae Zee Park, World Class Taekwondo, and the Masters/Instructors of Tae Park Taekwondo in my actions and conduct, both in and outside of taekwondo.

Contact Coach Duba at ddubajr@gmail.com if you meet the qualifications and have interest in trying out a practice with us!